

FOOD DRIVE



More than 301,000 people in Orange County are at risk of hunger every month. Everyone's health is important. Help us provide nutritious food to those who need it the most. Healthier items that are low in sodium and sugar, high in protein and fiber include:

- Peanut or Other Nut Butters
- Canned Vegetables (Low Sodium)
- Rice (Brown Preferred)
- Canned Fruit (Packed in Water or Juice) or Natural Applesauce
- Dried or Canned Beans (Low Sodium)
- Whole Grain Cereal (Low Sugar)
- Canned or Boxed Soup (Low Sodium)
- Whole Grain Pasta
- Canned Meats & Fish (in Water)
- Healthy Snacks such as Low Sugar Granola Bars, Raw Nuts or Dried Fruit

Please, no glass containers or expired items.

*We encourage donations of foods that are reduced in sodium, sugar or fat.

Personal care items:

- Diapers
- Toothbrushes
- Toothpaste
- Toilet Paper

In Partnership With:

